

## How the Third Eye Works

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This is to clear up some misconceptions about the third eye and how it works.

When you do the meditations on the JoS, you are just awakening the third eye. Then you need to empower it. Gradually, you need to learn how to use it. Due to lack of knowledge and too many movies, and too many people writing books over subjects they have zero experience induced knowledge about, many people are confused on how the third eye really works. What results is unending confusion.

This leads people early on to rather imagine, than spiritual experience, and few people do this in order to try to play pretend to themselves (or others) that they are more "advanced" than they actually are.

This is not bad as a tendency on one hand because it shows one wants to advance, on the other if this is the case frequently this shows a charlatan or a liar to themselves and others, yet one has to be aware that any such experiences need logical filtering and the ability to discern truth from falsehood or like any over-extension can lead to *disaster*. Many people disregard this and cause this disaster to themselves and others.

Imaginations made in some way can have any truth percent in them, ranging from total flat out delusion, to partial delusion, to having somewhat real elements in them. This is normal as when one goes from blindness to understanding, one will do mistakes, the only real issues arise when people become dogmatic and the list goes, disregard the nature of such issues as 'starting gazes' so to say.

Again one, whether they like it, or accept it or not, will reap the OUTCOMES of the routes they desire to take. Maybe one can shut down one's conscience or is a very capable liar to one's self, but reality disproves people easily in itself.

The third eye is not directly connected to imagination and therefore not strictly tied to visual experience (Solely) as many expect. It's indirectly connected to it. The third eye has deeper understanding than the basic imaginative part of the mind which takes over in dreams, for example.

This is why we have so many new agers with 'open third eyes' and 'de-calcified pineal glands' and they cannot even see that the Rabbi Jesus was actually a rabbinical hoax of an imaginary rabbi, visionary and 'leader'. This is only one example.

The third eye's most important manifestation is the ability to understand better, effectively giving you better 'intelligence', but not school smart intelligence necessarily, but wisdom. You will notice the more you work on the third eye, the more wise you will become in your meditation, the more your meditations will be felt, and so forth. This is a

process that takes time.

The senses may not start to begin being visual. This is why this is the 6th sense. How this works you will understand by your own person. One example is your instincts may be amplified so to say. In advanced levels we have premonitions, dreams and so forth, while on the last levels (this can take decades or more) we have total knowing and the ability to (at least in theory) get and know everything.

A correctly worked 3rd eye also allows one to enter the state of "Gnosis" and understanding. This state bleeds over to your more linear everyday awareness, making it better, gradually and bit by bit. It cannot be rushed in that case.

To reach the level of seeing the Gods and actually listening and communicating to them at 100% exactitude is harder than most people believe. Many people like to believe otherwise but if we examine this in reality, we realize there is no need for anyone to overestimate or underestimate themselves, just work like a legitimately curious and advancing person instead. It's also useless to beat one's self around the bush for this not happening, as the Gods can communicate with you in other ways which you can understand. Therefore you need to keep advancing without much worry.

The most important thing about the third eye is not that you can see fairies, this is indeed far more of an imaginative faculty. The real third eye deals with discerning truth, wisdom and understanding. Your imaginative faculty also increases and may need separate training. You may need to do visualization exercises to reap full benefits from such. People who are naturally more imaginative will have this part easier.

To completely open the third eye is not that much of an issue (it can take a few years), the issue is to learn how to use it and also to maintain it open, which requires daily work. Indeed we could place work on the third eye, however minimal (it can be a few minutes a day) on one's daily and "must-do" schedule.

To successfully open the third eye, one also needs to work on the periphery and the crown. Aside from this, one has to be patient and self-aware to notice actual changes in perception. The third eye again, deals with understanding of truth and perception more than anything else, making both senses more keen.

If one struggles to open this, this can range from many factors.

One factor is the material factor, which can be helped with a headstand, less toxic or polluted diet, diet is individual etc.

Another factor is the spiritual factor, which may need intensive cleaning and empowering, and lastly we have the mental factor, which is a mind that is either too imaginative, or too afraid to see, or too mistrusting towards the self to accept what it sees.

Either of these tendencies can be cured with training, crossing out things to find if they

are IN ACTUALITY correct, and by one proceeding with an inquiring mind. You don't need to 'delude' yourself and flat out brainwash yourself to advance spiritually. A healthy open stance is good. An inquiring mind with a deeply embed knowledge that the spiritual is factual (which it is and there is no debate about such) is enough for a good foundation. Then you go from there.

For people who are harder to 'believe', just give it time and keep going. The Gods will reach you instead if you're serious. This doesn't involve coming down from a spaceship or raising the dead for you to 'believe' (this will not cross your difficult barriers anyway), but instead they will show you signs and actually work with you (which will actually cross your difficult barriers).

Therefore do not let yourself despair if you don't fall in the category of the false expectations many others have created. Just keep going and advancing and know you're opening up so to say. Take your time and of course remember, that this is not about false speed, but changing you into a different being all-together, which obviously can take time. Time is all worth it in the matter where such evolution of yourself is concerned.

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